



Click on the name of a town or village to read about local hotels and inns or choose a town from the [map](#)

Town	Distance from Start
Helmsley	0
Old Byland	3
Cold Kirby	7
Sutton Bank	10
Kilburn	11
Boltby	11
Osmotherley	22
Faceby	28
Carlton Bank	29
Chopgate	33
Great Broughton	33
Clay Bank Top	33
Cringle Moor 1400 feet	35
Kildale	42
Great Ayton	46
Roseberry Topping	48
Guisborough	51
Slapewath	53
Skelton	55
Saltburn	57
Skinningrove	61
Boulby	64
Staithes	65
Port Mulgrave	67

Hinderwell	67
Runswick Bay	69
Sandsend	74
Whitby	77
High Hawsker	82
Robin Hoods Bay	84
Boggle Hole	86
Ravenscar	87
Hayburn Wyke	88
Cloughton	93
Scarborough	98
Filey	110

Typical Itinerary

Stage 3: Osmotherley To Clay Bank Top (11.5 miles).

The section today is said to be the most strenuous of the tour, a roller coaster of a walk up and down the Cleveland Hills, including the best walking within the park. You should have some excellent views once again to the agricultural plains to the north west and the moors to the south east. You should bring all your own rations today, as there are few stops en-route. Much of the accommodation is off route and you may want to ask if you can have a lift back to where you can regain the route.

Stage 4: Clay Bank Top to Kildale/Great Ayton (9.2 miles).

A shortish day today, but you still have to climb up to the summit of Urra Moor and Round hill which at 1489 feet is the high point of this journey. The moors can be pretty windswept and bitter on occasion, but there are wide sandy paths worn into the hillsides between the grouse fields of heather to make good progress on. These can be boggy in places despite the sand and there have been some counter erosion remedies in place such as flagstones that can be hard on the feet at times. From Tidy Brown Hill you descend into the village of Kildale where you can find accommodation either there or a couple of miles away.

Stage 5: Kildale/Great Ayton to Saltburn (14.7 miles).

An interesting day's walk as you head down to the coast at Saltburn and the walk begins to take on a different character to the woody scarps and open moors that you have been used to up to now. Firstly the route climbs up Easby Moor to visit Captain Cook's memorial (he was born nearby), gives you the opportunity to detour by about a mile to climb the eroded sand stone stump of Roseberry Topping then skirts around the town of Guisborough and through the farming settlements of Slapewath and Skelton before meandering down with the Skelton Beck to the sandy seaside town of Saltburn -By- The -Sea, and the prospects of a good ice cream and fish and chips. It is quite a pretty place thoroughly re-organised by the Victorians, but you can still sense the old days of smuggling and crime rackets. If you are only doing half the walk, there are rail connections here to Middlesborough.

Stage 6: Saltburn-By-The-Sea to Staithes (8.8 miles).

Today is quite an easy walk along the coast to Staithes (Pronounced Stairs locally), there are nevertheless a couple of stiff climbs up to Hunt Cliff and to Micklow Hill and you will be climbing up around 1000 feet! Your second cliff at Boulby, is the highest on the East coast of England. In between the hills you drop down once again to sea level losing all the height you have gained but at least there is the chance of an ice cream stop. Walkers should beware of the cliff edges where the path largely runs: it maybe undercut in places and is prone in the long term to erosion, also beware of the cliff edge in strong winds. There is a lot of accommodation enroute today and some folk might prefer to walk on to Ravenscar to stay the night, but we do recommend that you spend a substantial amount of time (if not overnight) in the beautiful and largely untouched fishing village of Staithes, and discover the old coastal Yorkshire with its fleet of fishing Cobles (flat hulled, sharp prowed fishing boats, said to have come from viking design) in the harbour.

Stage 7: Staithes to Whitby Bay (11.5 miles).

A second fine day of coastal walking along the cliff tops over to Runswick Bay and then Sandsend, past more historical mineral workings, until you reach the long sandy Upgang beach which stretches over 3 miles to Whitby Sands and probably the most special town along the route: Whitby Bay. Once again this is a popular tourist destination and boasts having the best fish and chips in the British Isles and who is going to argue with them, they used to catch

whales as well! The town has some fine buildings and there is a variety of accommodations including a Youth Hostel up by the Abbey, itself having been a scene from Dracula.

Stage 8: Whitby Bay To Robin Hood's Bay (6.5 miles).

A shorter day is recommended here today because there is so much to see and enjoy in these two famous towns. They are both steeped in history, not just the fishing and the smuggling, but in Whitby you have a religious background and at R.H.B. you have a slightly obscure historical legend concerning a particular man who the town is named after! In between the towns there is walking over the brooding hill cliffs of Whitestone point, with some rock wave cut platforms, little beaches and even some small waterfalls approaching RHB. For the last part of the walk you may meet up with some coast to coast walkers, and can compare the two walks. The towns are very busy during the holiday season, but there is quite a bit of accommodation about.

Stage 9: Robin Hood's Bay to Scarborough (15 miles).

To make up for the shortish last couple of days today is real hike into the major Yorkshire resort and fleshpot of Scarborough. You may feel a little different to others there walking along the promenade with your boots and rucksacks on! Like it or not all the fun -fair and ice cream kitsch is an important part of British holiday life and has been exported all over the World in various guises. The walking involves a coastal roller coaster of sea cliff path hills, staying very close to the edge for much of the time. Altogether there is about 1300 feet of total ascent over the 15 miles. There are limited refreshments enroute, and some interesting coastal feature names, such as Dab Dumps, Boggle Hole, Beast Cliff and Sailor's Grave. Today's is a brooding, lonely, lovely walk.

Stage 10: Scarborough To Filey (10 miles).

Final stage with only a total of 500 odd feet of ascent to go, a warming down walk if you will! Out of the bustle of Scarborough the way takes you out along the esplanade and the golf course to Cayton Bay. You should have time to visit the old castle and the Spa complex. The walk then hugs the cliff quite closely before reaching its official end at a stile at milepost 103. Most people carry onto Filey and end at the North Cliff Country Park, Filey Brigg Congratulations!